



**The Australian & New Zealand
Society for Geriatric Medicine
Annual Scientific Meeting 2019**

Geriatric Medicine – Best care to the end

ADELAIDE CONVENTION CENTRE
MONDAY, 13 MAY 2019 – WEDNESDAY, 15 MAY 2019

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Adelaide Convention Centre

Associate Professor Mellick Chehade

1. How does attending events like the **ANZSGM ASM 2019** inform or relate to your current practice?

It is important for me as an orthopaedic surgeons to have a good understanding of the capabilities, roles and emerging issues facing my geriatric colleagues that share the management of my patients.

2. Which topics and sessions will you be addressing and participating in as part of the program?

I will be describing the perspective of the orthopaedic surgeon in an orthogeriatric team.

3. Why should these sessions not be missed?

Everybody is interested in what orthopaedic surgeons do aren't they? If not I think breakfast is included??

4. What do you think are the most exciting recent developments in the field of geriatric medicine?

From my perspective it is the move to more integrated care with orthopaedic surgeons but in general it is the whole area of healthy ageing – with maintenance of functional mobility and cognition through exercise and optimal nutrition as being key areas

5. What are the biggest challenges?

There are many challenges but finding ways to better engage and motivate older persons and their carers to empower them with effective self-management strategies is critical to closing the large evidence – practice gaps. I believe this needs to be done through better education strategies.

6. If you could work in a different field of work, which would you choose?

Definitely music – I love jazz!

7. What would you recommend for visitors to do whilst they are staying in Adelaide, Australia?

Get out to some of our famous wine districts, Barossa Valley, Adelaide Hills, McLaren Vale and if time permits Clare Valley and Coonawarra. Sample it all but get somebody else to drive!